

## Erasmus report - Dorka Guba

I had the chance to participate in a one-week Erasmus mobility program from the 27th of January till the 2nd of February 2025 in KHIO (Oslo National Academy of the Arts), Oslo.

This one week was a quite intense and rich experience. Our stay had the main focus of rehearsing the piece titled Meduse choreographed by Zsuzsa Rózsavölgyi, in which we took part in together with the students of KHIO, 10 students from each school attended the program/participated in the piece, mostly from the 3rd grade/year.



We stayed in Oslo for 7 days, from Sunday to Sunday. During the weekdays we could participate in morning classes together with the students from the projects and sometimes from other departments (in the ballet class there were students from the jazz line) there were 3 ballet, and 2 contemporary classes.

I appreciated both classes, especially the contemporary class that will stay with me. I enjoyed the full process, including the exercises, music, atmosphere and little choreo at the end of the class. I also really enjoyed sharing the class with people I just got to know at that time, and I felt it was really nice to have new people, new energies in the studio.



After the morning classes we had a long rehearsal in one of the Theater studios of the university, with a lot of space, but not so much light during the day.

I experienced these 5 days to be really challenging, and exhausting but at the same time real fun, and there were many joyful moments, and I must say that we had a really hard work to do, also to combine different groups with different backgrounds, professionally and also culturally, and we did a great job I think. Day by day as we got to know each other more we started to become one group.

I learnt a lot from the students there especially in their way of communication. and how they were super into the work and tried to solve every problem together.

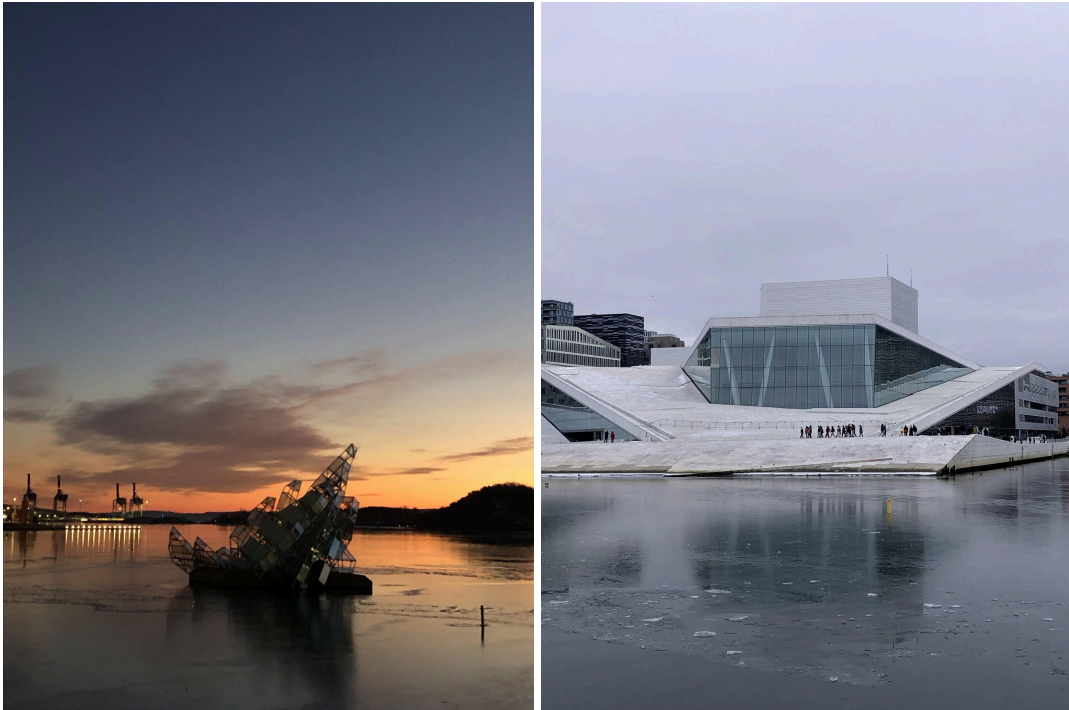
I think we all learnt a lot in this whole project. I experienced how my working capacity is over what I would think first. I will also take with me the professional way Zsuzsa was working with us, at the same time caring, direct and in-depth, took care of every detail, and she along with the group made the work really effective.

I also met with different kinds of challenges, both physically, mentally and also regarding group work, dynamics. We really needed to stay focused during the rehearsal, because we depended on each other, also to be able to stay in the slow quality of the piece was not easy, but with all the group and the leadership of Zsuzsa we got really far already in one week. (After this week both group came to BCDC, Budapest to continue the work and have a performance at Trafó House)

I found KHIO really inspiring, the classes I attended to, the students I met, and even the building of the school and the surrounding. The old factory building is situated right by a stream and a park, which was really nice. The studios all had big windows and nice light colours. Also I really liked how there were several faculties in the institution in one building from design to theater music and dance. I appreciated the canteen a lot. Nice, many kinds of food where you could serve yourself and pay by weighing your plate. Also the school has a sauna which we had the chance to use after an exhausting day.



After the rehearsals we got a bit of time to see the city, we once went to the Port, saw the Opera House, and a super cool and interesting big Library, right next to the Opera.



We saw a dance piece titled Jeg Brakk in Dansens Hus, one of the main contemporary dance venues of Oslo, from a Norwegian choreographer Ole Martin Meland. It was really nice to see a bit of dance life in Norway. Inspiring piece with many ideas, movement qualities.



At the weekend we had two days off before coming back home, when we had time to discover Oslo more. Some of us went to the side of the city near the forest, where there was a huge frozen lake with many people who enjoyed the sunny day and snowy winter including us. After some of us went to the Munch museum which was huge with many paintings. And the last day we luckily had the chance to go to a Sauna place where we even went to the sea once.

I am really grateful for this opportunity, that I got so many experiences and could learn a lot. That I could see another culture, meet new people, dancers and I feel all this will have a long term benefit for my life, professionally and personally as well.



22 February 2025  
Dorka Guba