

ERASMUS REPORT

KISS LEA

My overall experience with this blended mobility programme was very positive. I believe I gained some insights on how I wish to work in the future as well as new skills in a physical and communicational sense.

IN DETAILS:

CLASSES:

Ballet:

Our group from Budapest had the possibility to join three ballet classes with a teacher (Teresa) who's there on a regular basis. On these classes I faced some difficulties related to my balletic skills, considering the fact, that the class of Oslo has been working with the teacher for a long time, and is therefore familiar with her exercises, so the class was fast. Luckily, I found the sequences constructed in such a fun, interesting and coordinationaly challenging way, that I was motivated to keep working and found a lot of enjoyment, also because of the cheerful piano music that she used. On the last day I already felt improvement in executing the tasks with better quality and accuracy.

The students of KHIO were helpful and welcomed us kindly in their process.

Contemporary:

The two contemporary dance classes we had were held by Stockholm-based teacher: Marcus. He structured his classes in a rather traditional way of building up material, first laying on the ground, having a sensational basis, then standing exercises, travelling in space, and learning a longer, more complex sequence. I have to highlight how much I enjoyed his very specific style in the phrases. Even though I barely had the chance of getting to know him, I felt it mirrored somehow his personality, mixing a bit

of spice and jazz, with the coordination of release, directions of the limbs and weight shifts. Marcus reflected on our group at the end, expressing appreciation towards our energetic presence in the classes, which I also felt, and really went for.

THE PLACE:

KHIO's building is huge, with lots of windows (which I adore very much) and corridors, for me to get lost in. Something I found inspiring is the fact that many different departments of the art field are present in one place, and I could easily imagine some collaboration inbetween the students. I would have enjoyed a lot to go around the school and see who's busy with what, but somehow I couldn't manage timewise, also many times I experienced the place to be deserted...or the architecture takes care of avoiding crowds.

THE REHEARSALS AND THE COMMUNITY:

I am greatly impressed by our choreographer, Zsuzsa's professional handling of this difficult situation, wherein two unfamiliar groups from different countries of origin were merged in a two-week long creation followed by a performance. I felt prepared for the tasks both physically and mentally, having spent a few weeks with the material before travelling to Oslo. During this period, my stamina and my understanding of the use of the body improved as well as my technical skills in lifting and partnering. By the final days of the project I could sense my boundaries and contribute my best to the piece in a safe and secure way. For this to happen, I needed practice, repetition, openness to receive help/feedback/suggestions from fellow dancers, assistants, and the choreographer, and willingness to communicate my needs and ideas for solving problems. The students of KHIO set a nice example for working in a communicative way, and all of us made an effort to be constructive which I think is very important. Zsuzsa held a strong frame for all of this, and pushed us just enough to make it happen.

SUM UP:

I am more than happy to have had this opportunity, to meet new people, to reconnect to my surrounding people in a new way, and develop myself in a very specific physicality, and in a responsible role as one unit of a 20-people organisation.



FOREST VIDEO:

[https://drive.google.com/file/d/1ckxYBFtDvi3ubtXl_zIpacbapRaU57t2/view?usp=share
link](https://drive.google.com/file/d/1ckxYBFtDvi3ubtXl_zIpacbapRaU57t2/view?usp=share_link)