

Szóke Johanna-my trip in Oslo, Erasmus report

I was participating in an Erasmus plus project with 9 of my school mates from BCDC (Budapest Circus and Contemporary Dance College), collaborating with the KHiO-Oslo National Academy of the Arts. The project was based on learning and performing the piece called “Medúza” which was choreographed by Zsuzsa Rózsavölgyi.

Me and my schoolmates were introduced to the material in Budapest on the first week of this project. It contained very hard lifts and tricky elements which first seemed impossible for me to do with my body, but this project showed me in the end that nothing is impossible, because those lifts and elements became really manageable after the first half of the rehearsal period. It taught me that most of the time my mind creates a boundary which wouldn't be necessary because the body would be able to do a lot more. It was an important lesson for my professional life.

After this one week, we (the Budapest group) travelled to Oslo to rehearse the piece with the 10 norwegian dance students from Khio. We had very long days of rehearsal, and after that we could be also tourist a bit in the evening. We went to see the harbour, we ate a lot of salmon, we checked some bookstores which had books that I have never seen in Hungary. It was special to experience so much ice and snow, I could also walk on a frozen lake which I never did in my life before. And we also tried a sauna session with and ice plunge in the sea. These are memories that will stay with me.

When we came back to Budapest, the norwegian group came with us and we after some last rehearsals, we performed the piece together in Trafó Contemporary House of Arts. People gave us really nice feedbacks and it was an amazing experience to perform together in such a big group.

Thank you for the opportunity!

