

ERASMUS REPORT

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Deltebre Dansa – International Performing Arts Festival

I had the opportunity to participate at the Deltebre Dansa Festival and attend the Workshop Pro course on the first week. I went with Anna Lázár and Kriszta Kovács, however, I was part of the red group with different teachers. I was lucky enough to work with Lali Ayguade, Alleyne Dance, Martin Kilvady, David Zambrano, and Milan Herich during the days.

Lali Ayguade classes:

We had an improvisation-based class with different focus points and a tiny routine at the end of the class. I really enjoyed the tasks, nevertheless, I felt that sometimes Lali didn't give enough time to go deep in them. I had to change my mindset and start to think about them as tools that I can use in the future and not something that I can research/practice during the class. I learned a lot about the connection of breathing and movements, using the arms/hands, building up a task, and some contact practices.

Alleyne Dance classes:

This was one of the most physical classes during the week. All the classes had different thematics, such as breathing, hands, spirals, etc. Each of them was really intense, and you had to know your limits, however, you also had to push a bit further to complete the class. I loved that I always got personal feedback on the class, and the teachers created a really friendly environment through the week. They are the head of the BlueBox course, and I got an invitation to that program.

Martin Kilvady classes:

With Martin we had a 5-day process, based on research. We worked with instant composition, the task of „doing whatever you want to do”, „how to choreograph stillness”, and connection between „me and myself” and „me and the space”. I took a lot of notes, and I really would like to attend more Martin Kilvady classes in the future.

David Zambrano & Milan Herich classes:

We learned about a traditional Venezuelan couple dance that Zambrano had in his family gatherings when he was younger. It is part of the Venezuelan culture. This couple dance is based on the connection of the hands. I could experience how to have my whole body in my hands. It was also a process-based course, so on the last day we had a „party” with the learned couple dance. I was dancing without a break with different people from music to music. Zambrano also invited us to Tictac, to Brussels, to perform or learn.

Other experiences:

We could truly experience the Spanish culture in those days. We had traditional meals and seafood. The people were super open, I had really good conversations, and it was amazing to meet new people. The weather was a bit capricious, because we had storms every night. We were sleeping in a tent, but despite the challenges it was manageable. All in all I had a really good time in Spain at Deltebre Dansa. I am glad that I got the chance to go to Erasmus.

