

Alex Adam Miklosy: Erasmus+ short term: final report

I traveled from Budapest by train to Berlin, which was quite a pleasant journey. I have had a really valuable and great time in Berlin during my stay. I took Akira Yoshida's workshop for 6 days in B12. The workshop was specifically designed for professional/semipro/student, since there was a selection via video and CV. The group were consisting of international students and professionals. The workshop built wisely by warming up the body and cooling it down. Also Akira put one day in the middle of the workshop period, when we did more theatrical and quality stuff, so our bodies could rest on that day. It was really valuable and I think it has enriched my movement vocabulary. The workshop also showed a few different movement qualities that I haven't practiced like the 7 am quality or the in between or the game where you are looking for an empty hole that you try to put your body through. We also learnt some of Akira's tricks since he is coming from break dance. The softness of his acrobatics were really amazing and the acrobatics were also explained and built in a way that everyone could understand in the group. We also learnt a bit of his break dance influenced moves. We also learnt to create some characters like drunken men. Also practiced some sort of situations like you want to tell someone you love, but you are nervous and you always disoriented from that and we put movements to it. Another great aspect was to see how he teaches this big group. He was really calm and very much focused on the movements and always trying to help us and showed alternatives, which could lead to the movement itself. He also let us work with each other as couples and sometimes as a bigger group. It was also a great thing as always to meet with other dancers from around the world and network with them. I will try to implement movements, the quality and the way he teaches to my practice of teaching, performing and choreographing.

I went to see a different side of Berlin, the modern architecture there as you can see on the pictures. My journey back with hitchhiking went quite well. I managed to get to Praha on the first day, where I camped somewhere for a night then I continued towards Budapest, although one driver took me in the wrong direction I still managed to get to Budapest by the evening. I have got 11 rides to get from Berlin to Budapest.







